

Dr. Katie Cole, D.O.

HEALTHCARE & ORGANIZATIONAL WELL-BEING CHANGE AGENT

"I believe that by unifying healthcare leaders and organizations comprehensively, we can positively shift the healthcare landscape to foster engagement and well-being globally."

INTUITIVE & SCIENCE-DRIVEN SOLUTIONS FOR HEALTHCARE ORGANIZATIONAL WELL-BEING

Dr. Katie Cole is on a mission to collaborate with the key healthcare leaders and stakeholders across the United States to bring back the "care" in healthcare. Affectionately called "The Healer's Healer," Dr. Cole is an award-winning Psychiatrist, Physician Executive and Well-Being Change Agent/Advocate who works with healthcare leaders and organizations to: reinvigorate their passion for medicine, create healthier life-work balance, and prevent costly burnout by expanding the well-being community.

Dr. Cole's innovative approach blends positive psychology, strength-based assessments, personal and professional development, evidence-based solutions for organizational burnout, and lessons learned from her own experience with burnout.

Through evidence-based education, podcasting, and many other resources, Dr. Cole is a pioneer in bringing the medical community together to spark change and unify standards across our national healthcare system. By unifying healthcare organizations and leaders, she is creating a coalition of healthcare professionals committed to actionable change.

Dr. Cole is passionate about bringing healthcare leaders together to collaborate and share best practice standards. She has experienced both the highs and lows in the medical field, and has demonstrated that applying established burnout solutions, and evaluating the positive financial impact over time is profitable.

Dr. Cole is board certified by the American Board of Psychiatry and Neurology and pursued additional post-graduate training in Functional and Integrative Medicine, Transformational Coaching, and Physician Leadership. She is also certified in Neuro-Behavioral Programs, Masters in Reiki Energy Healing and is currently pursuing her Certified Physician Executive Credential through AAPL. Dr. Cole is also an active member in American College of Healthcare Executives.

Dr. Cole hosts the "Hope for Healthcare" podcast, where she interviews industry experts who share insights and data on how to create a bright future for our culture of medicine, the organizations within it, and our delivery systems.

IN UNDER A YEAR, DR. COLE SAVED A HOSPITAL OVER 2 MILLION DOLLARS BY:



Leading over 200 physicians through validated healthcare well-being initiatives



Reducing physician turnover by 20%



Streamlining hospital systems and flow, maximizing efficiency, and improving quality patient care resulting in a 25% reduction in overall hospital costs.



RE-IGNITE
healthcare, engagement,
and passion

RE-IMAGINE
cultures for retention
& resiliency

RE-DESIGN
systems for transformation
& profitability